

**Modified E.C.E. PLANNED EXPERIENCE**

**For Music and Movement Assignment #3 Fall 2020**

Student Name: Bhoomi Panchal

Area of Interest:(What topics could the experience be linked too) Relaxation and clam

Age of Child: 3 year

Title of Experience: Doing Relaxation activity end of the class

Write one example specific to the activity for each of the four foundationsto describe how the movement experience promotes the four foundations of Ontario’s pedagogy, *How does Learning Happen?*

1. BELONGING: Child can connect to others and doing relaxation activity together.
2. ENGAGEMENT: Allowing the children to put forward their ideas is very important part of engagement.
3. WELL-BEING: Making sure that children are outside playing in the fresh air after the days work so that they can feel relaxed.
4. EXPRESSION: They feel so relax and clam.

Choose the developmental area from ELECT that your experience will promote.

Domain: Communications, language and literacy

Skill: Receptive and expressive language

1. **Beginning – As this experience was introduced, what was done and said to the child to engage and co-construct (work together) with the child’s ideas. What question(s) could you ask to determine the children’s interest andinquiries (what was he interested in doing)?State what you saw/heard and what you could add.**

1) First we all sit together in round, and then close eyes.

2) I asked everyone how you are feeling while close eyes?

3) Then we all close eyes and take a deep breathing.

1. **Middle – During the movement experience with the child, what could you do and say to provoke Lucas (getting him thinking)andencourage him to represent his ideas, thoughts, and feelings, as well as maintain his play?**
2. Then we count until 10 and we all take deep breathing.

2) Then we are doing OMkar and I keep telling them to tell yourself everything is fine and good.

3) We are so grateful to our parents and teachers.

4) Then we are thankful to everyone. And pray to god for our health, and making us strong.

1. **End – Wrap up & Review – What would you say to tell Lucas the experience is finished? What (2) recall questions (what are recall questions? – outlined in week 3 folder on blackboard) will you ask to inquire into what Lucas is thinking and understanding about theexperience?**

**Then I finished up with very positive and peaceful mind and we open eyes and finish our season.**